Agenda

• Welcome from Georgia Association for Infant Mental Health, Birth to Five (GA-AIMH)!
• Overview of Child-Parent Psychotherapy Learning Collaborative
• Benefits of CPP Training
• Eligibility and Application Process
• Questions and Discussion
Welcome from GA-AIMH!

For more information and to sign up for communication from GA-AIMH, visit: [www.ga-aimh.org](http://www.ga-aimh.org) or follow us on Twitter: @gaaimh

Mission:

- Raising awareness of young children’s social and emotional needs
- Building culturally responsive preventive and therapeutic professional capacities
- Fostering interdisciplinary and cross-system collaboration by supporting professionals
- Working with and on behalf of infants, young children, and their families
- Advocating for and supporting policies in the best interest of infants, young children, families and communities
What is CPP?

• Intervention model for children aged 0-5 who have experienced traumatic events and/or are experiencing mental health, attachment, and/or behavioral problems.

• Goal is to support and strengthen the caregiver-child relationship as a vehicle for restoring and protecting the child’s mental health.

• Treatment also focuses on contextual factors that may affect the caregiver-child relationship (e.g., cultural norms and socioeconomic and immigration-related stressors).

• For children exposed to trauma, caregiver and child are guided over the course of treatment to create a joint narrative of the traumatic event and to identify and address trauma triggers that lead to dysregulated affect and behavior.

• Therapeutic sessions include the child and parent or primary caregiver. If clinically indicated, treatment may include multiple caregivers and/or siblings with the format of sessions determined jointly with the caregivers after learning about the needs of different family members.

For more information about CPP visit: www.childparentpsychotherapy.com
Benefits to Clinicians, Agencies, and Georgia Families

• Current training provided at no cost thanks to the generosity of Georgia DECAL and DPH and their commitment to supporting infants, young children, their families, and the workforce that supports them.

• GA-AIMH, DECAL, and DPH are committed to supporting capacity building and can support agencies in areas such as learning about referral sources and Medicaid reimbursement.

• Upon successful completion, join the roster of providers able to offer CPP.

• Eligible for CEU’s.

• Automatic membership in Georgia’s Association for Infant Mental Health (GA-AIMH) while actively enrolled in the training.

• Earn hours of training and supervision for Infant and Early Childhood Mental Health Endorsement.

• Services eligible for billing.

• Join a cohort of your peers for ongoing collaborative learning.

• Build your own and your agency’s capacity to serve infants and young children and their families.
Implementation-Level CPP Training

- Intensive enough to allow most practitioners to adopt CPP
- Allows participants to be eligible for the CPP roster if they complete the minimum training requirements
- Offered by endorsed CPP trainer(s)
- Consists of required training elements
Key Components of CPP Training

**DIDACTIC LEARNING**
Learn about CPP through the manual and core CPP didactic trainings

**ACTIVE LEARNING**
Partner and provide CPP to families

**MENTORSHIP**
Think together with team members and with CPP trainers about the model

**AGENCY SUPPORT**
Ensure that agency policy and procedures support CPP implementation and trauma-informed practice
CPP Learning Collaborative Model

Child-Parent Psychotherapy Learning Collaborative

Learning Session 1
- 3 days (minimum)
- Core CPP didactics

6 months consult calls

Learning Session 2
- 2 days (minimum)
- Competency building
- Case-based
- Participant driven

Learning Session 3
- 2 days minimum
- Competency building
- Case-based
- Participant driven

6 months consult calls

End of Training
Required CPP Training Components

1. Didactics (18 hour minimum)
2. Read CPP Manual
3. Conduct CPP (2 cases for Supervisor Participants, 4 cases for Clinician Participants with at least two cases treated for at least 16 sessions)
4. Reflective CPP Supervision within the agency
5. Ongoing consultation calls
6. Case presentation
7. Intensive CPP competency building workshops
8. Fidelity monitoring

Foundational Knowledge

- Infant and Early Childhood Mental Health (IECMH) and Early Child Development
- Diversity, Equity, and Inclusion in IECMH
- Developmental psychopathology and diagnostic frameworks for young children (DC:0-5)
- Reflective Supervision
# Georgia Statewide CPP Learning Collaborative

**WHAT:** 18-month, implementation-level training in CPP conducted by two endorsed CPP trainers
Along with Foundational Training in IECMH

**WHO:** Cohort will include 60 Masters-level behavioral health clinicians in Georgia who are
licensed or under the supervision of a participating licensed clinician

**WHEN:**
- Foundational Trainings: 14 hours from May – August 2022
- CPP Training: August 2022 – March 2024

**WHERE:** Virtual

**WHY:** Support the infant and early childhood workforce in Georgia to meet the needs of the
infants, young children, and their families

**HOW:** Learning collaborative approach including didactics, active learning, mentorship, and
agency support
Foundational Trainings

• Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood (DC:0-5) Clinical Training (virtual) provided by Zero to Three
  • July 19-21, 12:00-3:45pm
  OR
  • July 25-27, 12:00-3:45pm
• Prerecorded sessions to complete between June – August 2022
  • Foundations of Infant and Early Childhood Mental Health and Development (2 hours by mid-July)
  • Diversity, Equity, and Inclusion in IECMH (1 hour by end of July)
  • Reflective Supervision (1 hour by end of August)
## Timeline

<table>
<thead>
<tr>
<th>Event</th>
<th>Date/Time</th>
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<tr>
<td><strong>Foundational trainings</strong></td>
<td>IECMH; Reflective Supervision; ED&amp;l: June – August 2022</td>
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<td>DC:0-5: July 19-21 or July 25-27, 2022 (12-3:45pm)</td>
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<td><strong>Pre-Work/Preparation calls</strong></td>
<td>August 5, 12, 19, and September 2, 2022</td>
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<td><strong>Didactic Training</strong></td>
<td>Learning Session 1: September 7, 8, 9, and 12, 2022</td>
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<td>Learning Session 2: March 2-3, 2023</td>
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<td>Learning Session 3: September 7-8, 2023</td>
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<td><strong>Clinical Consultation Calls</strong></td>
<td>2x/month; Dates TBD</td>
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Child-Parent Psychotherapy Evaluation

CPP Trainee Feedback on Initial CPP Implementation and Training
Background on CPP Evaluation

• Conducted by GSU Center of Excellence for Children’s Behavioral Health using an Implementation Science Framework

• 11 Key Informant Interviews with CPP Trainees

• 4 Organizations Represented

• Conducted between Nov. 2021 and Feb. 2022
Interview Results: Feedback on CPP Training

Interviewees expressed:

• High confidence in CPP as an evidence-based intervention
• Family approach is filling a gap in the services they can provide
• Positive feedback about trainers, structure of training and supports between trainings
• High confidence that they will have clinical tools needed to implement CPP at end of training period
Interview Results: Facilitators to Implementation

Factors that supported implementation included:

• Funding support for implementation
• Team-based approach to participating in training
• Complementary organizational priorities
• Buy-in and support from organizational leadership
• Experience of the practitioner
• Phased implementation
• Readiness for the intervention
Interview Results: Factors Supporting Readiness for CPP

Considerations for readiness:
• Experience of the team
• Organizational priorities
• Capacity of staff
• Identified plan for implementation
• Funding to support staff and start-up costs
• Identified referral network
Contact us:

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Atlanta, GA 30303

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Let’s hear from the Current CPP Cohort!
Eligibility

- Masters-level behavioral health clinician who is licensed; or license-eligible and under the supervision of a participating licensed clinician
- Able to commit to an 18-month virtual training experience from August 2022 – March 2024 while maintaining your current role
- Able to participate in 14 hours of additional foundational trainings from birth to 5 and their families and access reflective supervision
- Able to commit to the requirements in the CPP training agreement
Selection Criteria

• Seeking geographic, racial, linguistic, and cultural diversity among participants and families served

• Demonstrated commitment to remaining in Georgia and in the field of infant and early childhood mental health after the training

• Preference for multiple trainees from the same agency

• Preference for agencies that accept Medicaid
Application Process

• One application for each agency to be completed by the primary contact person/team leader

• Individual clinicians can complete as single team member

• Consists of five parts, including short answer questions and a longer narrative section

• We recommend that you write responses in a word document (see pdf) and copy/paste to avoid losing your responses

• If needed, you can return to the application at a later time as long as you use the same computer, same browser, and do not clear your cache/cookies

• We will confirm receipt of application and reach out to you with any questions

APPLICATIONS DUE BY MAY 1, 2022
Next Steps

• Review the training videos on CPP website:
  • https://childparentpsychotherapy.com/providers/training/lc/

• Review the CPP Training Agreement:

• Contact GA-AIMH at aimh@gsu.edu for more information

• Confirm that you have agency support to participate

• Review the PDF of the application

• When you are ready to complete the online application, follow the link below:
  • https://gsu.qualtrics.com/jfe/form/SV_bw1lv0CA3lN9YlU
Please sign up for communication from GA-AIMH at www.ga-aimh.org and follow us on twitter: @gaaimh

For more information, please contact GA-AIMH at aimh@gsu.edu

To apply, please use the following link or QR Code
https://gsu.qualtrics.com/jfe/form/SV_bw1lv0CA3IN9YIU
Questions