Thank you for your interest in participating in the Georgia Child-Parent Psychotherapy (CPP) Learning Collaborative! CPP is a relationship-based therapy that helps young children and families recover and heal after stressful and traumatic events. The training will be conducted by endorsed CPP trainers and will be provided at no cost to clinicians.

You may be eligible to participate in the training if you are:
• A Masters-level behavioral health clinician who is licensed or under the supervision of a participating licensed clinician
• Currently practicing and plan on continuing to practice in Georgia
• In a position where you are able to work directly with children aged 0-5 and their families and access reflective supervision
• Able to commit to an 18-month virtual training experience from August 2022 – March 2024 that can be completed while continuing in your current role

We encourage everyone who is interested and eligible to apply. If we receive more applications than placements available, we will maintain a waiting list. Please visit the CPP website for more information. You should also read the complete training agreement to understand more about the expected requirements: CPP Training Agreement

For full consideration, please submit your application by May 1, 2022

If you have any questions throughout the application process, please contact us at aimh@gsu.edu.
Georgia Child-Parent Psychotherapy (CPP) Training Learning Collaborative

Application

The Georgia Child-parent Psychotherapy Learning Collaborative application offers each agency/clinician an opportunity to participate in a self-reflective process to assess their readiness to participate in the training and integrate Child-Parent Psychotherapy into their practice and their organization.

The application consists of five parts, including short answer questions and a longer narrative section. We recommend that you write responses to longer questions in a word document and copy/paste to avoid losing your responses.

If needed, you can return to the application at a later time as long as you use the same computer, same browser, and do not clear your cache/cookies.

About Your Agency

Part One: About your agency
Please provide information about your agency, organization, or practice.

What is the name of your agency?

Please describe the focus, mission, and/or goals of your agency.
Is your agency a CSB?

- Yes
- No
- Other

Does your agency accept Medicaid?

- Yes
- No
- Other

What region of the state/counties does your agency?

What type(s) of areas does your agency serve? Select all that apply.

- Rural
- Urban
- Suburban

Please describe the cultural demographics of the families served by your agency (e.g., race, ethnicity, language, religion, disability status, place of birth).

How many clinical staff are in your agency?
What referral source(s) does your agency use?

How many children/families are served by your agency each year?

How many children ages 0-2 years are served by your agency each year?

How many children ages 3-5 years are served by your agency each year?

We do not serve children aged 3-5 years

1-10
How many families seek trauma-focused services by your agency each year?

- 1-10
- 11-20
- 21-40
- More than 40
- Other

At present, what types of therapy does your agency typically provide to families seeking treatment for their young children and/or to families seeking assistance with trauma related symptoms or experiences (e.g., individual parent, individual child, group, or family treatment)?

Please list any additional services beyond therapy that your agency provides for these families.

What barriers has your agency experienced in being able to successfully treat young children, trauma related symptoms, and/or parent-child relationship issues?
Part Two: Participants
Please tell us about the member(s) of your agency/practice that would be included in the CPP training.

Because the goal of the learning collaborative is sustained implementation of CPP in your agencies, we urge you to select your team members who will participate in the training based on several criteria:

- Interest in the CPP modality;
- Clinical expertise with trauma and/or young children; and,
- Ability to communicate the practice to others in the agency through training and supervision.

These final criteria are important to ensure that the practice will begin to take hold within the agency as a whole and not simply among the participating team members. Additionally, participants must be:

- A Masters-level behavioral health clinician who is licensed or under the supervision of a participating licensed clinician
- Currently practicing and plan on continuing to practice in Georgia
- In a position where they are able to work directly with children aged 0-5 and their families and access reflective supervision
- Able to commit to an 18-month virtual training experience from August 2022 – March 2024 that can be completed while continuing in their current role

Please refer to the [CPP Training Agreement](#) to ensure each of your team members would be able to fulfill to all requirements.

Please tell us about the contact person for your agency.

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What is the proposed team leader's name?

Including the proposed team leader, how many team members from your agency would you like to have participate in the Georgia CPP Learning Collaborative?

Briefly describe each team member from your agency that you would like to have participate in the learning collaborative.

Please tell us about your proposed team leader/member 1.

Name
Title
Gender
Race/Ethnicity
Language(s) in which they are able to offer clinical services
Length of time at the agency
Responsibilities
Formal training/professional experience
Interest in treatment of trauma, young children, and parent-child dyadic therapy
Proposed Supervisor for CPP

Please tell us about team member 2.

Name
Please tell us about team member 3.

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Proposed supervisor for CPP
Part Three: Participation in the learning collaborative

Please tell us about the capacity of you and your agency to participate in all aspects of the CPP training. You can access more information about the requirements and description of activities on the CPP Learning Collaborative website.

Do all proposed core team members have email and internet access? If not, please provide an explanation.

- [ ] Yes
- [ ] No

Implementing a new practice requires planning and coordination both prior to and following the actual training date. The “start up” phase of this collaborative, beginning about six weeks prior to the first Learning Session, will include readings and participation in 2-3 consultation conference calls with the faculty and other members of the collaborative.

Will your clinicians and supervisors be available to participate in the work of the start up phase? If not, please provide an explanation.

- [ ] Yes
- [ ] No

Will you be able to meet as a team to discuss organizational readiness? If not, please provide an explanation.

- [ ] Yes
- [ ] No

Will your senior leadership participate in these discussions? If not, please provide an explanation.

- [ ] Yes
- [ ] No
Do you anticipate being able to recruit families of traumatized children age birth through five prior to the first Learning Session (September 7, 2022)? This is important so that all participating clinicians from your agency will be able to treat at least two caregiver-child dyads beginning within three to four weeks of the first Learning sessions. If not, please provide an explanation.

- Yes
- No

Will the clinicians and supervisors on your team be able to participate in a one-hour case consultation call two times a month between Learning sessions? If not, please provide an explanation.

- Yes
- No

Will clinicians commit to presenting one or two cases on consultation calls during the collaborative process where they will be asked to prepare and distribute to all participants a summary of the family background, presenting problem, and a process note describing at least one clinical session (this is a requirement for rostering)? If not, please provide an explanation.

- Yes
- No

Part Three Cont’d: Participation in the learning collaborative

Please describe specific populations or issues that you would like to be addressed in the CPP Learning Collaborative.
Describe the model for clinical supervision that is used at your agency.

How many cases does a full-time clinician at your agency carry?

How many hours of supervision each week does each clinician receive?

What formats are used for supervision? Please select all that apply.

- Individual
- Group
- Peer-to-Peer
- Other

**Clinical reflective supervision** is a collaborative relationship between supervisor and supervisee where clinicians are encouraged to reflect on the progress of their work with
children and families and on their own personal and professional development. It is an integral part of the Child-Parent Psychotherapy model.

Can your agency assure that each clinician receives at least one hour of reflective supervision each week, either group or individual supervision, that will focus on CPP? If not, please provide an explanation.

- Yes
- No

Clinicians and supervisors will need to be able to actively engage in learning sessions, telephone consultation, and supervision. How will your agency meet the challenge of making staff available for participation in all of these required components?

We recognize that serving children 0-5 who have experienced trauma is a new process for some agencies. GA-AIMH is committed to expanding the capacity of Georgia clinicians in supporting and providing services to infants and young children and their families. Would your agency benefit from support from GA-AIMH in any of the following areas? Please select all that apply and include any others that would help your agency be able to better support this population and participate in the CPP training.

- Billing systems
- Referral sources
- Medicaid reimbursements
- Community awareness
- Family commitment/buy-in
- Agency-level education related to infant mental health
- Other (please list)
How does your agency currently assess the trauma history of the children/parents or caregivers it serves? Please also list any formal instruments used to assess trauma history.

How does your agency currently track clinical change? Please also list the names of any formal instruments used to assess change.

Will your agency be able to conduct assessments typically used as part of the Child-parent Psychotherapy intervention for each child-parent dyad prior to and following intervention (these include brief trauma history interviews and self-report questionnaires)? If not, please provide an explanation.

- Yes
- No

Is your team willing to complete short assessments evaluating the fidelity of your implementation of Child-parent Psychotherapy? If not, please provide an explanation.

- Yes
- No
Who will be responsible for coordinating the data collection and transmitting data to GA-AIMH?

Part Five: Narrative and Continued CPP Implementation

In no more than 500 words, please describe what you see as the benefits of participating in the CPP learning collaborative and integrating CPP into your agency or practice. Please also discuss any potential barriers and how you might overcome these barriers.

Thank you for completing the application. Please email aimh@gsu.edu if you have any questions. When you are finished, please press "Submit". Once you hit "Submit", you will not be able to go back to the application.